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Activities at Home

DIY Cocoa Avocado Face Mask

Ingredients:

- ¼ Avocado
- 1 Tbsp Cocoa Powder
- 1 Tbsp Honey

Instructions:

1. Mash avocado in a small bowl.
2. Stir in cocoa powder and honey, making sure to mash and mix well.
3. Apply the mask to your clean, dry skin.
4. Relax for 10 minutes.
5. Wash off with warm water.

What's special about this mask?

- Avocado will hydrate your skin.
- Cocoa is an antioxidant.
- Honey is antibacterial and anti-inflammatory.

