Frisco Library Activities at Home

Touch and Feel Sensory Box

Supplies:

Box - tissue box or shoe box

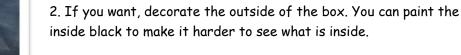
Decorations for box - ex. wrapping paper, paint, glitter Small items to put inside - ex. pinecone, bell, cotton ball, letter magnet

Directions:

1. Pick a box, either a tissue box or shoe box. Cut a hole in the lid, or side of the box that can fit a child's hand



(tissue box hole may work for small hands).



- 3. Once you have finished your box, collect small items of different textures.
- 4. While your child covers their eyes, place items in the box. You can place them one at a time or put in multiple items at once.
- items at once.

 5. Encourage your child to use descriptive language to tell you about the item/s they feel inside the box.



Try some of these activities with your child:

- Hide an item inside the box. Ask your child to feel the item and describe it to you.
- Have your child guess what item you have put in the box.
- Put multiple items inside and ask your child to find an item of a specific texture (soft, spiky, etc.).

