

FRISCO PUBLIC Library

Activities at Home

Touch and Feel Sensory Box

Supplies:

Box - tissue box or shoe box

Decorations for box - ex. wrapping paper, paint, glitter

Small items to put inside - ex. pinecone, bell, cotton ball, letter magnet

Directions:

1. Pick a box, either a tissue box or shoe box. Cut a hole in the lid, or side of the box that can fit a child's hand

(tissue box hole may work for small hands).

2. If you want, decorate the outside of the box. You can paint the inside black to make it harder to see what is inside.

3. Once you have finished your box, collect small items of different textures.

4. While your child covers their eyes, place items in the box. You can place them one at a time or put in multiple items at once.

5. Encourage your child to use descriptive language to tell you about the item/s they feel inside the box.

Try some of these activities with your child:

- Hide an item inside the box. Ask your child to feel the item and describe it to you.
- Have your child guess what item you have put in the box.
- Put multiple items inside and ask your child to find an item of a specific texture (soft, spiky, etc.).

