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Activities at Home

Homemade Face Scrubs

Can't get to the store? Have a DIY penchant? Here are two homemade face scrubs you can make with ingredients that you have in your pantry or cabinet:

Chocolate Sugar Face Scrub

Ingredients:

- ¼ cup brown sugar
- 1/8 cup olive oil
- 1 tablespoon cocoa powder
- ¼ teaspoon vanilla



Mix all ingredients in a bowl. Take some of the mixture and rub it into your skin for 60 seconds. Rinse clean with warm water.

Bonus: Before rinsing, let the scrub set on your skin for 10 minutes then rinse off.

www.homemadeforelle.com

Oatmeal Scrub

- ½ cup old-fashioned oats (uncooked)
- water



Pulse oats in a blender or food processor until finely ground. Take a small amount of ground oats in your hand and add a little water at a time until a paste develops. Massage scrub into your face and neck area. Rinse with warm water.

www.helloflow.co/homemade-face-scrubs/