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Activities at Home

Vegan Peanut Butter Mug Cake

Ingredients

- 2 tablespoons white whole wheat flour or all-purpose flour
- 2 tablespoons peanut butter
- 2 tablespoons unsweetened almond milk or your favorite dairy-free milk alternative
- 1 tablespoon pure maple syrup
- 1/4 teaspoon baking powder
- 1/2 teaspoon pure vanilla extract
- Chocolate chips or topping of choice

Instructions

1. Add all ingredients except the chocolate chips (if using) to an 8-ounce or larger microwave-safe mug. Use a fork to stir together until combined. It might seem lumpy at first but keep stirring and it'll resemble cake batter in no time!
2. Microwave on high until the cake has risen and springs back slightly when you poke it, about 45-60 seconds. If it's not done after 60 seconds, try cooking in 15-second intervals until done.
3. Top with chocolate chips or topping of choice.
4. Enjoy!



Recipe from [Kitchen Treaty](#).