

# FRISCO PUBLIC Library

## Activities at Home

### Caring Cards

Dr. Martin Luther King, Jr. said, “Life’s most persistent and urgent question is, ‘What are you doing for others?’” Many people honor Dr. King’s memory and message by participating in an act of service on MLK Day. You can perform an act of service on MLK Day, too!

Follow the directions below to create a card that can be mailed to residents of care facilities or to other members of your community who could use some cheer. Organizations like TimeSlips.org provide information and addresses for care facilities accepting cards for residents. Ask a grown-up to help you find the address of a care facility in your community.

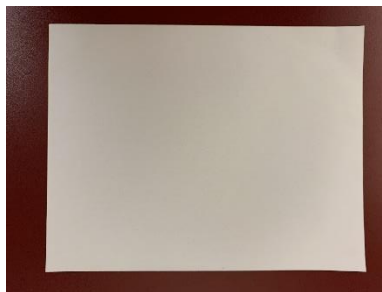
To make a caring card, you will need:

- A letter size sheet of paper
- Pens or art supplies
- A sticker large enough to seal your envelope
- A postage stamp

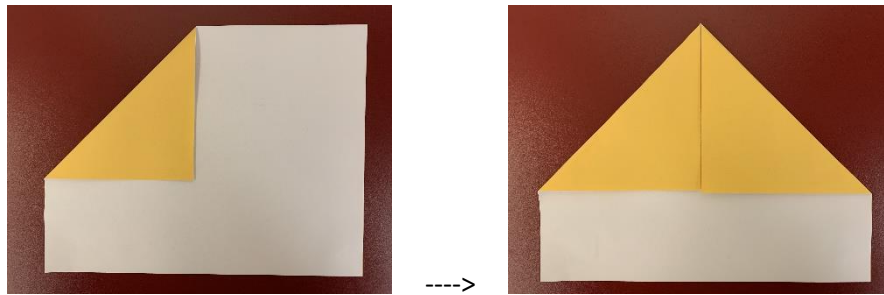
First, write a letter that tells the recipient you are thinking about them. If you are mailing the letter to an elderly person, consider using large print when you write. Keep your message upbeat and hopeful. You could even include a drawing or a short poem.

Once your letter is finished, fold it into an envelope.

To do this, place the sheet of paper on your workspace with the letter facing up towards you. Rotate the paper so the longer side runs along the top and bottom.



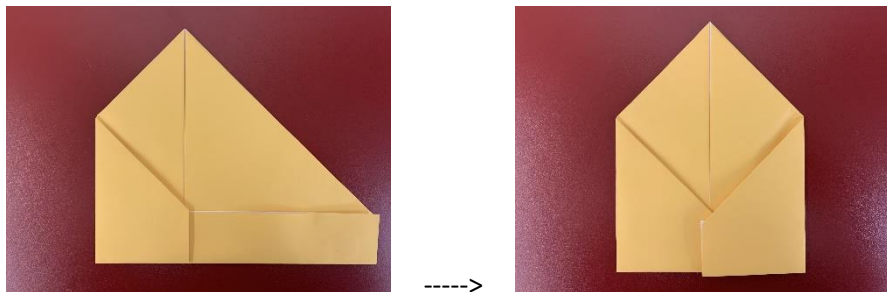
Fold the top-left corner into the center of the page. Then, fold the top-right corner into the center.



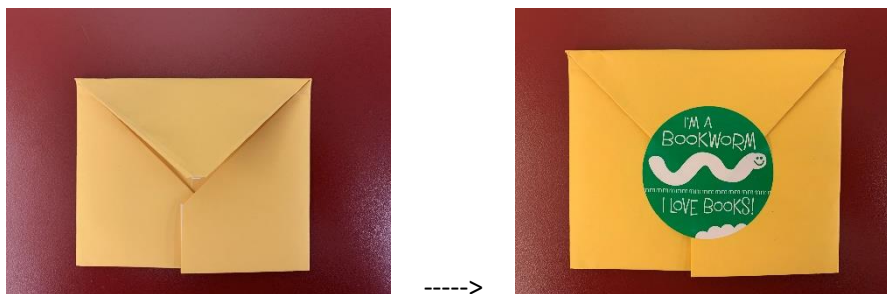
Fold the bottom edge up.



Fold the left side to the center. Then, fold the right side to the center.



Fold the top down. Then, secure it with a sticker or tape to seal the envelope.



Now, you can turn the envelope over and address it to the recipient. Add a postage stamp to the top-right corner, and your letter is ready to mail!